

Family Life Center Prayer Stations
Preschool kids and their families

Week 1: *Our Father in heaven, holy is your name.*

When Jesus taught his friends, the disciples, to pray, he told them to call God Father. If God is our father then we are all children of God.

1. Choose a child cut-out and write your name on it. (You can decorate it if you like.)
2. Tape your cut-out to the picture of Jesus as a reminder that God us to come as little children.
3. Take a “I am a child of God” sticker with you.

Supplies: Large picture of Jesus, Tape, child cut-outs, markers, and stickers.

Set up: Tape the large picture of Jesus to the wall. On a table place the instructions, child cut-outs, tape, markers and stickers.

Week 2: *Your kingdom come, Your will be done on earth as it is in heaven.*

This part of the prayer teaches us to pray for God’s will to be done on earth as it is in heaven. The bible tells us that heaven is pretty great! There’s no more crying, nothing to be sad about, and everyone is kind to each other. This means we are praying for people to live in peace with each other and treat each other with love.

1. Take a post-it note.
2. Write a way you can show God’s love or have shown God’s love to someone else.
3. Stick within the heart drawn on the bulletin board.

Supplies: Large outline of heart, post-it notes, pens, glue, station instructions

Set-up: Tape the large heart to the wall or attach to a bulletin board. On a table place the instructions, post-it notes, pens, and glue. Write the words of this part of the prayer on either side of the heart.

Week 3: *Give us this day our daily bread.*

Jesus teaches us to pray “Give us this day our daily bread” as a reminder to ask God for everything we need. Needs are things we must have to live. We need things like food, water, shelter, and medicine. Asking God to give us our daily bread reminds us that everything we have is a gift from God. We should thank God for the good things in our life.

One way we can remind ourselves to thank God is to say a prayer of thanks before meals. Take home with you a bag that contains a set of prayer cards and dice. Before meals, roll the dice and then pray the prayer with the matching number.

Supplies: Bulletin board decorated with loaves of bread numbered 1 – 6, oversized dice, station instructions, bags with set of prayer cards and dice

Set-up: decorate bulletin board with loaves of bread numbered 1 – 6. On the back of each loaf of bread print one of the prayers that is on the prayer cards. Attached loaves so they can be flipped up and the underside viewed. On table place station instructions, oversized dice, and take home prayer cards with dice. When groups of children come to the bulletin board, talk to them about the station and then let them roll the dice and pray the prayer on the corresponding loaf of bread on the bulletin board.

Week 4: *And forgive us our sins as we forgive those who sinned against us.*

Option 1 - This part of the prayer talks about how important forgiveness is. A sin is when we make a bad choice or do something that hurts someone else. That can cause us to be worried or scared and make our stomach feel like it's in knots. When we tell the truth and say we are sorry, that knot of fear and worry goes away because God forgives us. Jesus also tells us in this prayer that forgiving others is important. Forgiving someone who has hurt you can release the knot of anger and resentment.

1. Think about a bad choice you made or something unkind you did to someone else.
2. Take a worry knot.
3. While you are untying the knot, tell God that you are sorry and ask for forgiveness.
4. Look at the straight stick and know that God forgives you.

Supplies: station instructions, bendaroos tied into loose knots. Bulletin board decorated with two people forgiving each other.

Option 2: This part of the prayer talks about how important forgiveness is. A sin is when we make a bad choice or do something that hurts someone else. Sometimes when we make a bad choice, we feel sad or guilty for a long time. We worry that our family or God will be made at us. But God loves you no matter what. Jesus teaches us that when we tell the truth and say we are sorry, God forgives us.

1. Take a piece of paper.
2. Write down a bad choice you made or something for which you want God's forgiveness.
3. Place your paper in the water.
4. As you watch the paper dissolve, know that God forgives you and washes away our bad choices.

Supplies: dissolvable paper, pens, bowl of water, station instructions, bulletin board decorated with two people forgiving each other.

Setup: In front of bulletin board place all supplies on a table.

Week 5: *And lead us not into temptation but deliver us from evil.*

Temptation is when we really want to do something we know we should not do. Isn't it cool that God knows sometime we want to do things even though we know they aren't good for us? This part of the prayer asks God to help us make good choices and to do the right thing. It's a way of asking God to help us stand strong and to protect us when we can't protect ourselves.

1. Take a shield.
2. Think about the things that you want to do but know you shouldn't do.

3. Decorate the shield with images or symbols of ways God protects you and helps you make good choices.

Supplies: cardboard shields, markers, station instructions, bulletin board decorated with images of God protecting us. A super hero theme might work well.

Set-up: Place supplies on table in front of bulletin board.

Week 6: For thine is the kingdom, and the power, and the glory forever. Amen.

This part of the prayer is a reminder that God's kingdom will last forever. Jesus wants us to know that heaven will never end and God will always be in charge. Take a few moments to pray through the whole prayer and remember what we talked about each week. You are a child of God. We want to show God's love to everyone on earth. God provides for all our needs. God forgives us when we make bad choices. God protects us and helps us say no to things we know we shouldn't do. Heaven will last forever, and God will always be in charge!

Take a Lord's Prayer coloring book. You can color this book and use it as a reminder of all that Jesus teaches us to pray.

Supplies: Lord's prayer coloring book, markers, station instructions, bulletin board decorated as a large puzzle with each part of the prayer being a puzzle piece.

Set-up: Place all the supplies on a table in front of the bulletin board.