Disability Related Awareness Dates

JANUARY

January is Awareness Month For:

- Co-dependency Awareness Month - (U.S.)
- Glaucoma Awareness Month - (U.S.)
- Weight Loss Awareness Month

Awareness Days in January:

- January 4 - World Braille Day - International

FEBRUARY

February is Awareness Month For:

- Boost-Your-Self-Esteem Month - (U.S.)
- Heart & Stroke Month - (U.S.) - Heart and Stroke Foundation
- Human Relations Month

Awareness Days in February:

- February 2 - Rheumatoid Arthritis Awareness Day
- February 4 - World Cancer Day
- February 12 - International Day of Women's Health
- February 20 - World Day of Social Justice (Recognized by the UN)

Awareness Weeks in February:

- 1st Wk - Eating Disorder Awareness Week; National; National Eating Disorder Information Center
MARCH

March is Awareness Month For:

- American Red Cross Month - (U.S.)
- Cerebral Palsy Awareness Month - (U.S.)
- Colorectal Cancer Awareness Month
- Intellectual Disabilities Month
- Endometriosis Awareness Month
- Help Fight Liver Disease Month
- National Problem Gambling Awareness Month
- Nutrition Month - (U.S.)
- Self-Injury Awareness Month - (U.S.)

Awareness Days in March:

- March 1 - Self-Injury Awareness Day
- March 12 - World Glaucoma Day
- March 21 - World Down Syndrome Day
- March 25 - U.S. National Cerebral Palsy Awareness day

Awareness Weeks in March:

- 1st Wk - World Glaucoma Awareness Week - World Glaucoma Week

APRIL

April is Awareness Month For:

- Alcohol Awareness Month
- American Cancer Society Month - (U.S.)
- Autism awareness Month - (Canada & U.S.)
- Child Abuse Prevention Month - (U.S.)
- Community Service Month
- Irritable Bowel Syndrome (IBS) Awareness Month
- Oral Health Month - (U.S.)
- Parkinson's Disease Awareness Month
- Sexual Assault Awareness Month
- Sexually Transmitted Disease (STD) Awareness Month
- Stress Awareness Month
- Volunteer Appreciation Month

Awareness Days in April:

- April 2 - World Autism Awareness Day - (UN)
• April 4 - Auditory Processing Disorder Awareness Day
• April 7 - World Health Day - (UN)
• April 8 - Cushing Disease/Syndrome Awareness Day
• April 9 - National Alcohol Screening Day - (NASD)
• April 10 - National Youth HIV and AIDS Awareness Day
• April 11 - Parkinson's Disease International Awareness Day.
• April 16 - National Stress Awareness Day
• April 23 - Fibrodysplasia Ossificans Progressiva (FOP) Awareness Day
• April 25 - World Meningitis Day
• April 25 - World Malaria Day - (WHO)

Awareness Weeks in April:

• April 12-18 - Oral, Head and Neck Cancer Awareness Week.
• 20- 27 - National Organ Donor Awareness Week
• 2nd Wk - World Homeopathy Awareness Week

MAY

May is Awareness Month For:

• ALS Awareness Month - (U.S.)
• Asthma Awareness Month
• Arthritis Month
• Allergy/Asthma Awareness Month
• Better Sleep Month
• Better Speech and Hearing Month
• Borderline Personality Disorder Awareness Month
• Brain Tumor Awareness Month
• Cystic fibrosis Awareness Month (Australia and U.S.)
• Fibromyalgia Awareness
• Foot Health Month
• Foster Care Month - (U.S.)
• Guide Dog Month - (U.S.)
• Haitian Heritage Month
• Hepatitis Awareness Month
• High Blood Pressure Month - (U.S.)
• Huntington's Disease Awareness Month - (U.S.)
• Lupus Awareness Month
• Lyme Disease Awareness Month
• Mental Health Month
• Mobility Awareness Month
• Older Americans Month - (U.S.)
• Physical Fitness and Sports Month
• Stroke Awareness Month - (U.S.)
Awareness Days in May:

- May 5 - National Childhood Stroke Awareness Day
- May 5 - World Asthma Day
- May 7 - National Children's Mental Health Awareness Day
- May 6 - International Awareness Day for Osteogenesis Imperfecta (Brittle Bones)
- May 7 - Bladder Cancer Awareness Day
- May 8 - World Ovarian Cancer Awareness Day
- May 10 - World Lupus Day
- May 14 - Childhood Speech Apraxia Awareness Day
- May 18 - International AIDS Vaccine Day
- May 19 - World Hepatitis Day
- May 19 - Schizencephaly Awareness Day
- May 20 - World Autoimmune Arthritis Day
- May 21 - Global Accessibility Awareness Day
- May 25 - World Thyroid Day (WTD)
- May 27 - World Multiple Sclerosis (MS) Awareness Day.

Awareness Weeks in May:

- 1st Tuesday of May - World Asthma Day

JUNE

June is Awareness Month For:

- Antiphospholipid Antibody Syndrome (APS) Awareness Month
- Hemiplegic Migraine Awareness Month
- LGBT Pride Month
- Men's Health Month
- PTSD Awareness Month

Awareness Days in June:

- June 1 - World Hypoparathyroidism Awareness
- June 5 - National HIV/AIDS Long-Term Survivors Awareness Day
- June 6 - Hunger Day
- June 7 - National Cancer Survivors Day
- June 8 - World Brain Tumor Day
- June 11 - Neuropathy Action Awareness Day
- June 14 - World Blood Donor Day - (UN)
- June 15 - World Elder Abuse Awareness Day (WEAAD)
- June 18 - Autistic Pride Day
- June 21 - Global day of recognition of ALS/MND
- June 23 - Dravet Syndrome Awareness Day.
• June 25 - World Vitiligo Awareness Day
• June 27 - U.S. National Post Traumatic Stress Disorder (PTSD) Day
• June 29 - World Scleroderma Awareness Day
• June 30 - Arthrogryposis Awareness Day

JULY

July is Awareness Month For:

• National Cleft & Craniofacial Awareness & Prevention Month (NCCAPM)
• Sarcoma Awareness Month - (U.S.)

Awareness Days in July:

• July 16 - Disability (ADA) Awareness Day
• July 17 - World Day for International Justice
• July 18 - Nelson Mandela International Day
• July 21 - National Farm Safety Awareness Day
• July 22 - Fragile X Awareness Day (FXS)
• July 24 - National Seasonal Affective Disorder (SAD) Day
• July 28 - World Hepatitis Day
• July 30 - Gastroschisis Awareness Day

AUGUST

August is Awareness Month For:

• Cataract Awareness Month
• Children's Eye Health and Safety Month
• Children's Vision and Learning Month
• Digestive Tract Paralysis (DTP) Month
• Don't be a Bully Month
• Immunization Awareness Month
• Never Leave a Child Unattended in a Car, Purple Ribbon Month
• Spinal Muscular Atrophy Awareness Month
• Stevens-Johnson Syndrome (SJS)

Awareness Days in August:

• August 19 - World Humanitarian Day
• August 21 - National Senior Citizens Day
• August 31 - International Overdose Awareness Day
SEPTEMBER

September is Awareness Month For:

- Alopecia Awareness Month - (U.S.)
- Childhood Cancer Awareness Month - (U.S.)
- Childhood Obesity Awareness Month - (U.S.)
- Cholesterol Awareness Month - (U.S.)
- Emergency Care Month
- Gynecological Cancer Awareness Month - (U.S.)
- Lymphoma Awareness Month
- National Guide Dog Month - (U.S.)
- National Recovery Month - (U.S.)
- Ovarian Cancer Awareness Month - (U.S.)
- Pain Awareness Month
- Prostate Awareness Month
- National Alcohol and Drug Addiction Recovery Month - (U.S.)
- Sight Saving Month - (U.S.)
- Suicide Prevention Month - (U.S.)
- Spinal Cord Injury Awareness Month - (U.S.)
- Thyroid Cancer Awareness Month
- Tumor Awareness Month - (U.S.)
- World Alzheimer's Disease Month

Awareness Days in September:

- September 4 - World Cerebral Palsy Day (List of Famous People with Cerebral Palsy)
- September 9 - International Fetal Alcohol Spectrum Disorder Awareness Day (FASD) (Fetal Alcohol Spectrum Disorder in Children)
- September 10 - World Suicide Prevention Day
- September 13 - Celiac Disease Awareness Day (List of Gluten Free Food and Drink Products)
- September 15 - World Lymphoma Awareness Day - Hodgkin's Lymphoma
- September 18 - National HIV/AIDS and Aging Awareness Day
- September 19 - Usher Syndrome Awareness Day (Global)
- September 21 - World Alzheimer's Day
- September 25 - International Ataxia Awareness Day
- September 26 - Mesothelioma Awareness Day
- September 29 - World Heart Day

OCTOBER

October is Awareness Month For:

- AIDS Awareness Month - (U.S.)
- Breast Cancer Awareness Month
- Bullying Prevention Month - (U.S.)
- Breast Cancer Awareness Month - (U.S.)
• Collegiate Alcohol Awareness Month - (U.S.)
• Colon Cancer Awareness Month
• Dental Hygiene Month - (U.S.)
• Depression Education and Awareness Month - (U.S.)
• Disability Employment Awareness Month
• Domestic Violence Awareness Month
• Down Syndrome Awareness Month - (U.S.)
• Emotional Intelligence Awareness Month - (www.e-ii.org)
• Hunger Awareness Month
• Infant Loss & Miscarriage Awareness Month - (U.S.)
• Lupus Awareness Month
• Pregnancy and Infant Loss Awareness Month - (U.S.)
• Rett Syndrome Awareness Month
• Selective Mutism Awareness Month
• Spina bifida awareness month

OCTOBER

Awareness Days in October:

• October 1 - International Day of Older Persons - (UN)
• October 2 - World Cerebral Palsy Day
• October 5 - World Day of Bullying Prevention
• October 7 - International Trigeminal Neuralgia Awareness Day
• October 7 - World Cerebral Palsy Awareness Day
• October 8 - World Humanitarian Action Day
• October 10 - World Hospice and Palliative Care Day
• October 10 - World Mental Health Day
• October 13 - Metastatic Breast Cancer Awareness Day
• October 15 - World Blind Day / World Sight Day
• October 15 - Blind Americans Equality Day
• October 20 - World Osteoporosis Day
• October 21 - Breast Reconstruction Awareness (BRA) Day
• October 22 - International Stuttering Awareness Day
• October 25 - Spina Bifida Awareness Day
• October 29 - World Stroke Day

NOVEMBER

November is Awareness Month For:

• Adoption Awareness Month - (U.S.)
• COPD Awareness Month
• Pancreatic Cancer Awareness Month
• Alzheimer's Awareness Month
• Dercum's Disease (Adiposis Dolorosa) Awareness month
• Diabetes Awareness Month
• Epilepsy Month
• Good Nutrition Month
• Hospice Month
• Lung Cancer Awareness Month
• Prostate Cancer / Men's Health Awareness month
• Red Ribbon Month (Anti-drunk-driving)
• RSD/CRPS Awareness Month

**Awareness Days in November:**

• November 1 - Lennox-Gastaut Syndrome Awareness Day
• November 4 - National Stress Awareness Day (NSAD) (U.K.)
• November 8 - Aicardi Syndrome Awareness Day
• November 10 - World Immunization Day
• November 12 - World Pneumonia Day
• November 13 - World Pancreatic Cancer Day
• November 14 - World Diabetes Day - (UN)
• November 18 - World COPD Day
• November 19 - International Men's Day (IMD)
• November 20 - Universal Children's Day - (UN)
• November 25 - International Day for the Elimination of Violence against Women - (UN)
• November 30 - Self Harm Awareness Day

**DECEMBER**

**December is Awareness Month For:**

• AIDS Awareness Month

**Awareness Days in December:**

• December 1 - World Aids Day - (UN)
• December 2 - International Day for the Abolition of Slavery
• December 3 - International Day of Persons with Disabilities - (UN)